



With the right support, everyone has the opportunity to belong in working life!

About Misa

Misa is a Swedish organization that provides employment-focused support and services. We work with people who are long-term unemployed, live with mental health challenges, or have a disability, and who want to work or participate in internships. Misa is a mission-driven organization owned by the non-profit foundation Stiftelsen Includia. Founded in 1994, Misa is built on the belief that everyone who wants to, can take part in working life with the right support. Individual solutions and personal support are at the heart of everything we do.

How We Support You

Misa works according to the established employment method Supported Employment (SE). The purpose of this method is to support people who are outside the labour market in finding, securing, and maintaining employment. The focus is on empowering you by building on your strengths, interests, and goals, while supporting you to make your own decisions and take control of your path into working life.

Through Supported Employment, you receive individualized and structured support to identify your skills, interests, and abilities, and to match these with a suitable workplace. You are assigned a personal employment specialist who supports you throughout the process. Together, you work towards your personal goals, such as gaining employment, completing an internship, starting studies, or engaging in meaningful activities.

The process may include exploring different professions, contacting employers, and visiting workplaces together with your employment specialist. This helps you discover opportunities that suit your needs and bring you closer to employment.

Misa's employment specialists work closely with both you and the employer. We provide support during the onboarding process, share knowledge about workplace adaptations, and remain available throughout your employment. Through guidance, ongoing dialogue, and follow-up, we help create the conditions for a safe, successful, and sustainable start. Both you and the employer receive the support needed to build a positive, long-term collaboration.

Our Core Values

At Misa, we believe that every person has the right to be respected as a full and valued individual. We work to ensure that everyone has the opportunity to grow, build self-esteem, and develop confidence in their own abilities. Our approach also aims to foster a sense of belonging, provide a stable daily structure, and enable participation based on each person's unique circumstances.

Employment plays an important role in participation in society and can strengthen both confidence and personal resilience. We believe that work in the open labour market offers the best opportunities for inclusion, while segregated or sheltered environments can risk reinforcing exclusion. Through our work, we strive to promote a more inclusive workforce and society creating opportunities for more people to develop, participate, and contribute, whilst consolidating inclusion and diversity in working life.

Our Work

Misa operates in several locations across Sweden, including Stockholm, Helsingborg, Lund, Västerås, and Uppsala. All of our Employment Specialists work methodically and are trained in Supported Employment (SE), as well as its further developments Individual Placement and Support (IPS) and Supported Education (SEd). These methods allow us to tailor our support and meet the varied needs of our participants.

Our staff speak multiple languages. If you would like information in your native language, please contact us. We will explore the possibility of providing a member of our staff who speaks your language or arranging an interpreter.

Our clients primarily include municipalities and other public-sector organizations. Misa supports individuals who face barriers to employment and offers a range of services, including:

- Work-focused daily activities (LSS)
- Daily engagement activities (SoL)
- Job coaching and labor market support

Misa is part of Wiljagruppen, together with Left is Right, Misa Kompetens, Compleo, MellanMålet, and Wilja Arbetsrehab.

